What you need:

- Small saucepan (to fit 500ml)
- Small bowl
- Strainer
- Teaspoon (kitchen/metric)
- Tablespoon (kitchen/metric)
- Wooden spoon
- 1L measuring cup/jug
- Kettle (to hold 1L)
- Teapot/jug (to fit up to 500ml)*
- Honey or brown sugar syrup
- Glass cup or mug 600ml size
- Timer
- OPTIONAL: Choice of milk

*Ensure that your teapot/jug that is being used fits in your refrigerator and can hold hot liquids.



